

Rita Veres

RF25 Workshop Plan

Basic Information

I'm interested in how ideas circulate in my practice; how engaging with other artist's work shapes the form and material presence of my sculptures, and how these discoveries can be shared through teaching. This workshop grows from that curiosity, exploring pedagogy as a form of live research.

Workshop Title	Writing as Sculptural Gesture
Workshop Description	This workshop explores how critical and reflective thinking can take material form, using close reading and writing as generative tools to inspire new approaches to art making. It unfolds in three parts. First, <i>model the method</i> : I share an example of my own writing, demonstrating how my ideas move from text into sculptural decisions. Second, <i>practice the method</i> : participants choose an artwork they're drawn to and engage in a guided process of close looking, reading and writing. Third, <i>reflect</i> : together, we consider how writing altered perception, guided or disrupted thinking, and what might carry forward into future creative work. Participants will gain a hands-on method for using wiring as a tool to look more closely, think differently, and spark new artistic possibilities.
Duration	60 minutes (plus 30 minutes set up and re-set time)
How many people can book?	12 max.
Who is your target audience?	Creative practitioners, aged over 18, who want to explore methods of analysis and creation that move between disciplines and are interested in expanding their practice with new generative tools.
Location	South London Gallery – Fox Reception

Activity, Aims and Outcomes

Activity description <i>What will participants do – step-by-step?</i>	Through three stages: <i>model, practice, reflect</i> we will: • <u>Trace</u> how writing transforms into material form through one example from my own practice. • <u>Engage</u> in a guided process of close reading and writing with and artwork of their choice. • <u>Reflect</u> together on how writing altered perception, guided or disrupted thinking, and what might carry forward into future creative work.
Outcomes <i>What will be created?</i>	The outcome is <i>an experimental written piece</i> , a personal and reflective text that captures how close observation and writing can reshape one's understanding of an artwork.
What do you aim for your participants to learn?	Participant will leave with a deeper awareness of how writing can act as a creative and critical tool, informing their own artistic or reflective practice.
How do you want your participants to feel?	• <i>Curious</i> – drawn into the idea that writing and sculpture (and other mediums) can interlace in unexpected ways. • <i>Experimental</i> – free to experiment without the pressure to produce a 'finished' text or artwork. • <i>Connected</i> – feeling part of a shared reflective process, where personal insights resonate in dialogue with others.

	• <i>Empowered</i> – leaving with a generative tool they can fold back into their own critical or creative practices. • <i>Inspired</i> – carrying away sparks of new thoughts, images, or approaches they may want to return to.
What do you aim to learn?	I aim to embrace the circularity of my practice by exploring how engaging others through this workshop can generate new insights. I want to learn how participants respond to the method, and what their perspectives reveal about writing, sculpture, and shared creative experience.
How does this link to your art practice and research?	I'm interested in how ideas circulate in my practice; how engaging with other artist's work shapes the form and material presence of my sculptures, and how these discoveries can be shared through teaching. This workshop grows from that curiosity, exploring pedagogy as a form of live research.

Practical Set-Up

Requirements for the space <i>How will you need to set up the space?</i>	• tables and chairs • screen • laptop • extension cables
Equipment required <i>What will you need to book from CLS?</i>	• Projector or display screen with inbuilt sound and HDMI cable • Extension cables
Materials required <i>What will you need to bring to the workshop?</i>	• writing materials (paper, pens or small notebook for participants)
Preparation required <i>What do you need to prepare in advance of the workshop?</i>	• Presentation with examples and guidelines • Additional selection of artworks printed on A4 coloured paper
Assistance required <i>Do you need to invite a student to help you deliver or document the workshop?</i>	• Assistance with projector/screen setup • Assistance with the documentation of the workshop
Any advance information to share with participants?	Participants are asked to bring <i>ONE</i> image of an artefact that inspires them. Participants must be aged 18+
Any ethical considerations?	• No

Timing breakdown

<i>Time</i>	<i>Activity Description</i>	<i>Duration</i>
00:00	Setting up the space	10 minutes
00:10	WORKSHOP STARTS	
00:10	Introduction to my practice • Intro to workshop and its aims	5 minutes
00:15	Activity 1 – Model the Method • Model the method: 5 sentence/paragraph structure	10 minutes

	<i>Introduction (context) / Description / One elements that interests me most / For me, it reads as / In my own practice I ...</i> • Present 1 example of own writing. • Explain how these texts migrated into material decisions in my sculptural practice.	
00: 25	Group discussion • Allow 5 minutes for participants to ask clarifying questions.	5 minutes
00:30	Activity 2 – Practice the Method • Participants choose an artwork (their own selection, or a provided image) – 5 minutes • Silent observation – 5 minutes • Writing exercise – 10 minutes	20 minutes
00:50	Activity 3 – Reflections • Group gathers to share reflections • Prompt with guiding questions: • <i>Did focused looking and writing alter how you saw the artwork?</i> • <i>How did the writing guide or disrupt your thinking?</i> • <i>What might you take from this process into how you normally engage with or create art?</i> • <i>Did anything unexpected spark: a thought, image, or feeling?</i>	10 minutes
01:00	WORKSHOP ENDS	
01:30	Re-set the space • Tidy up	30 minutes